UNDERSTANDING AGEING - Life Magister Erasmus+ Project

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This short e-learning module focuses on the topics of ageing and ageism and represents an important output of the Life Magister Erasmus+ Project.

The Life Magister Erasmus+ Project aims to strengthen the skills of professionals and operators in the elderly care sector through new and innovative approaches that promote quality-of-life, wellbeing of older people.

This module has 4 videos on the following topics:

1. Welcome - Introducing **AGE Platform Europe**
2. **Diversity in ageing** and **life course perspective**
3. Understanding **ageism**
4. **Rights, policies and technologies**

The videos give an introduction to the themes

These concepts are essential for a holistic approach to elder care that aims at promoting quality of life and wellbeing of older people.

Lecturer: Ilenia Gheno, Project Manager, Age Platform Europe

AGE Platform Europe is the largest European network of organisations of and for older people. Their aim is to voice the diverse experiences and aspirations of the growing share of the older population in the European Union and raise awareness on ageing issues.

Link to the e-learning platform: https://elearn.benfare.it/course/index.php?categoryid=1

Registration form: https://forms.gle/zBUxbwKUeZ7AGTej6